

Natalie Fee is an author, award-winning environmental campaigner and founder of City to Sea, a non-profit organisation running campaigns to stop plastic pollution at source. Their primary campaigns are ['Refill'](#), a free tap water initiative promoting reuse across the UK and Europe, and ['Switch the Stick'](#), their successful cotton bud campaign run in 2016 which called on all UK retailers to switch from plastic to paper stem buds, stopping over 300 tonnes a year of single-use plastic at source. [@nataliefee](#) / [@citytoseabrist](#) / [@refillbristol](#) / [refill.org.uk](#) / [citytosea.org.uk](#)